



Atharva Institute of Management Studies
Activity / Event report

Name of Event : **Outbound Training**

Date(s) of Conduction : **11th January 2025**

Class / Semester : **MMS Batch 2024-2026**

Number of Students participated: **115**

Faculty coordinator : **Prof. Kajal Desai**
Prof. Ketan Sutaria

Coordinator/committee : **Atharva Institute of Management Studies, Malad, Mumbai**

Event Mentor/Guide : **Dr. D. Henry Babu (Director, AIMS)**
Dr. Reena Poojara (Assistant Director, AIMS)

Description

Objectives:

- To assess the effectiveness of the outbound training in enhancing team-building and leadership skills
- To evaluate the impact of the outbound training activities on students' communication, problem-solving, and decision-making abilities.
- To analyze students' participation and engagement during the outbound training sessions and determine how these experiences influenced their learning and personal development.
- To explore students' feedback on the outbound training program and gather insights on areas of improvement for similar future events.
- To document the various activities and challenges included in the outbound training, highlighting how they contribute to the overall educational objectives of the MMS program.

Key Takeaways

1. Enhanced Teamwork and Collaboration:

The outbound training fostered a strong sense of teamwork among the students. They demonstrated improved collaboration, communication, and coordination skills during group activities, which are essential for success in both academic and professional settings.

2. Improved Leadership and Decision-Making Skills:

Through various leadership tasks and challenges, students exhibited a deeper understanding of leadership roles, decision-making processes, and responsibility. Many students developed a better sense of how to take initiative and guide their teams effectively.

3. Practical Problem-Solving and Critical Thinking:

The challenges and activities designed to push students out of their comfort zones allowed them to practice practical problem-solving and critical thinking. These exercises helped them develop the ability to analyze situations quickly and make informed decisions under pressure.

4. Increased Self-Awareness and Confidence:

The experiences in the outbound training encouraged students to reflect on their personal strengths and areas for improvement. Many students reported a boost in self-confidence, which will contribute to their academic and professional growth.

5. Better Time Management and Stress Handling:

Through various timed activities and group tasks, students learned the importance of time management, prioritizing tasks, and working under pressure. The training also provided valuable experience in managing stress in dynamic and challenging environments.

Learning Outcomes

1. Application of Experiential Learning to Real-World Scenarios:

Students were able to connect theoretical knowledge from their coursework with practical, hands-on experiences. This bridge between theory and practice allowed them to apply learning in real-world contexts, fostering deeper understanding and retention of knowledge.

2. Improved Time Management Skills:

Through time-sensitive tasks and projects, students learned to prioritize tasks, manage competing deadlines, and make strategic decisions on time allocation, enhancing their overall productivity and efficiency.

3. Stress Management and Resilience:

The training equipped students with the tools to handle stress, manage time effectively, and remain resilient in challenging situations, promoting a balanced and positive approach to overcoming obstacles in academic and professional life.

4. Improved Communication Skills:

The outbound training activities emphasized the importance of clear and effective communication, helping students develop both their verbal and non-verbal communication skills while learning to convey ideas and feedback constructively within teams.

5. Development of Teamwork and Collaboration Skills:

Students learned how to effectively work in diverse teams, enhancing their ability to communicate, cooperate, and collaborate with others to achieve common goals in both academic and professional settings.

Outbound Training Itinerary and Instructions

Saturday 11th January 2025

- 07.30 am : - Assemble in the college premises.
08.00 am : - Depart to Juice Adventure Park, Bhayandar.
09.00 am to 10.30 am: - Arrive Park & Proceed for B/F.
10.30 am to 11.00 am: - Briefing/Waivers/Band Distribution/ Team War Cry /Icebreaker.
11.00 am to 01.00 pm: - Activities Set I (Shooting Zone / Bungee Run/ Sumo I Tree Top/1EduGame)
01.00 am to 02.00 pm: - Lunch time.
02.00 pm to 05.00 pm: - Activities Set II (Mighty Pentagon/Body Zorbing+ Edu Games) + Pool Access
05.00 pm to 05.30 pm: - Vote of Thanks and Call it a Day! & Snack Box On Departure
07.30 pm. To 08.00 pm: - Arrive College and disperse with sweet memories.

PACKAGE INCLUDES

- Adventure Sport Activities (Refer List Below)
- Edu-Venture Fun & Learning Activities
- Zone for Leaving Bags
- 3 Meals: Breakfast, Buffet Lunch & Snack Box on Departure!
- In house Audio Setup
- Complimentary Access to the Pool Area during allotted Time [If School Permits]

LIST OF ACTIVITIES

LIST OF ADVENTURE SPORTS ACTIVITIES:

Target Shooting, Rifle Shooting, Body Zorbing, Sumo Wrestling, Bungee Run, Tree Top Adventures (16 Low-Ground & Vertical Rope Course: Difficulty Level I & Mighty Pentagon (10 High & Low Rope Course: Difficulty Level II) & Slack Lining + Educational Activities with Learning Outcomes.

RULES & REGULATIONS

- All students Need to carry college ID Cards.
- Students are requested to bring towels, Toilet Kits & required Medicines.
- In swimming pool proper swim wear compulsory.
- Shoes & Caps required during performing sports activities.
- No Jewellery should be worn during the outbound tour including religious Jewellery i.e. Finger Rings , Bracelets, Kada , Bangles , Ear Rings, Wrist Watches , Wrist Bands , Religious Thread.
- All Students have to assemble tomorrow in Room No.2, Ground Floor, Phase 03, AIMS, at 7.30AM Sharp
- The Buses will leave the venue sharp at 8.00AM, If you are late then you will miss the opportunity. (SO BE ON TIME)
- You are required to be in a decent casual attire (Normal Jeans/ Decent Track Pants, Non-Printed T-Shirt, Sport Shoes
- Torn Jeans, Half Pants, Religious/Political Party printed T-Shirts and any type of non-acceptable attire will not be allowed.
- Adhere to the policies, rules and regulations, including restricted areas and photography guidelines.
- Behave in a disciplined and respectful manner with the staff, faculty and peers.

Note: Violation of any above rules would result in debarment of future activities

GLIMPSE









Attendance sheet with signature

ATHARVA INSTITUTE OF MANAGEMENT STUDIES

MMS Sem-1 - Attendance Sheet - Batch - 2024 - 2026

Specialization - Core

Outbound Training

Date : 11th January, 2025

7.30AM - 5.00PM

Roll No.	Date Name	Signature
A-1	Devesh Agrawal	
A-2	Jyeshna Bandaru	
A-3	Purvaja Bhanji	
A-4	Chetan Bhoi	
A-5	Isha Chavan	
A-6	Sushant Dalvi	
A-7	Priya Darade	
A-8	Samrat Desale	
A-9	Kavish Dhadiwal	
A-10	Manas Dicholkar	
A-11	Geetika Ghadi	
A-12	Sagar Ghotekar	
A-13	Ayush Godam	
A-14	Sanyam Gothi	
A-15	Ritika Gupta	
A-16	Princi Hurkat	
A-17	Varsha Ingale	
A-18	Karina Jaiswal	
A-19	Sangeeta Jakhad	
A-20	Rushikesh Jamodkar	
A-21	Yash Kasture	
A-22	Gauravi Keny	
A-23	Abdullah Khan	
A-24	Shubham Kharatmol	
A-25	Tanaya Lokhande	
A-26	Shrutika Malvi	
A-27	Vaibhav Matkar	
A-28	Riddhi Mhatre	
A-29	Krutika More	
A-30	Sanket Narole	
A-31	Anaya Nimkar	
A-32	Vandana Paliwal	
A-33	Anushka Pantoji	
A-34	Aftab Patel	
A-35	Vidit Patil	
A-36	Saket Pawar	
A-37	Shraddha Pingale	

A-38	Utkarsha Pokale	Utkarsha
A-39	Pratik Rajput	Pratik
A-40	Samwad Raul	Samwad
A-41	Ritu Raut	Ritu Raut
A-42	Jaydeep Sable	Jaydeep
A-43	Prajwal Salunke	Prajwal
A-44	Prasad Salunkhe	Prasad
A-45	Rajashree Sapkal	Rajashree
A-46	Gauri Sarmalkar	Gauri
A-47	Preeti Shetty	Preeti
A-48	Hrutwik Shinde	Hrutwik
A-49	Sharad Shinde	Sharad
A-50	Pavan Shirfule	Pavan
A-51	Siddhi Shirsat	Siddhi
A-52	Riya Shukla	Riya
A-53	Abhishek Singh	Abhishek
A-54	Vedika Singh	Vedika
A-55	Kasturi Soni	Kasturi
A-56	Sushmitha Sukka	Sushmitha
A-57	Prachi Susne	Prachi
A-58	Pallavi Talwatkar	Pallavi
A-59	Harikrishna Vanja	NC
A-60	Priyal Vishwakarma	Priyal
A-61	Rohit Vishwakarma	Rohit
A-62	Mitali Zitre	Mitali
A-63	Achal Darade	Achal
A-64	Ayushi Vishwakarma	Ayushi
A-65	Sumit Mahadik	Sumit
A-66	Arya Sharma	Arya
A-67	Abhishek Saroj	NC

ATHARVA INSTITUTE OF MANAGEMENT STUDIES
MMS Sem- I - Attendance Sheet - Batch - 2024 - 2026
Specialization - Core
Outbound Training
Date : 11th January, 2025

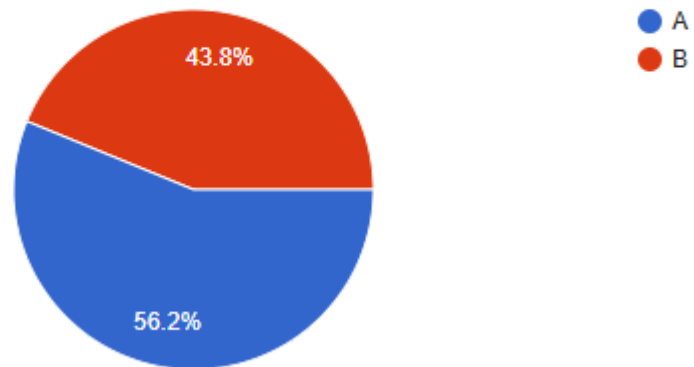
Roll No.	Date Name	7.30AM - 5.00PM Signature
B-1	Aishwarya Raghavan	<i>Aishwarya</i>
B-2	Om Banote	<i>Om Banote</i>
B-3	Shraddha Bansode	<i>Bansode</i>
B-4	Keshav Bhagwat	<i>Bhagwat</i>
B-5	Jasneet Singh	<i>Jasneet Singh</i>
B-6	Anshu Chauhan	<i>Anshu Chauhan</i>
B-7	Priyanka Choudhari	<i>Priyanka Choudhari</i>
B-8	Nishita Chougule	<i>Nishita Chougule</i>
B-9	Radhika Chourasiya	<i>Radhika Chourasiya</i>
B-10	Chirag Dhamne	<i>Chirag Dhamne</i>
B-11	Akshata Dholwade	<i>Akshata Dholwade</i>
B-12	Shweta Gaikwad	<i>Shweta Gaikwad</i>
B-13	Nikhil Gawande	<i>Nikhil Gawande</i>
B-14	Khushi Halwai	<i>Khushi Halwai</i>
B-15	Sahil Ingale	<i>Sahil Ingale</i>
B-16	Akash Jadhav	<i>Akash Jadhav</i>
B-17	Rani Jadhav	<i>Rani Jadhav</i>
B-18	Mahek Jasani	<i>Mahek Jasani</i>
B-19	Manisha Jha	NC
B-20	Dhananjay Kadam	<i>Dhananjay Kadam</i>
B-21	Trupti Kadam	<i>Trupti Kadam</i>
B-22	Yash Kadam	<i>Yash Kadam</i>
B-23	Bhavesh Kathar	<i>Bhavesh Kathar</i>
B-24	Shubham Khanvilkar	<i>Shubham Khanvilkar</i>
B-25	Khushal Khawale	<i>Khushal Khawale</i>
B-26	Pranav Kulkarni	<i>Pranav Kulkarni</i>
B-27	Raj Kulsange	<i>Raj Kulsange</i>
B-28	Ekta Lalwani	<i>Ekta Lalwani</i>
B-29	Khushi Lathi	<i>Khushi Lathi</i>
B-30	Sanket Malode	<i>Sanket Malode</i>
B-31	Pratik Mane	<i>Pratik Mane</i>
B-32	Adesh Mhatre	<i>Adesh Mhatre</i>
B-33	Chinmay More	<i>Chinmay More</i>
B-34	Priyanka Paithankar	<i>Priyanka Paithankar</i>
B-35	Rohit Palkar	<i>Rohit Palkar</i>
B-36	Smeeta Pateliya	NC
B-37	Mayur Patil	<i>Mayur Patil</i>

B-38	Viraj Patil	Viraj Patil
B-39	Abhiraj Pawar	
B-40	Hrishik Pawar	Hrishik
B-41	Vaishnavi Pawar	Vaishnavi
B-42	Shreyash Pednekar	Shreyash
B-43	Mansi Pimple	
B-44	Rrucha Rane	Rrucha
B-45	Siddhi Rathod	Siddhi Rathod
B-46	Shruti Sanap	Shruti
B-47	Hetal Sancheti	Hetal
B-48	Vidhi Sanghvi	Vidhi
B-49	Khushi Saroj	Khushi
B-50	Sarvesh Sathe	S.S.
B-51	Shivani Sharma	Shivani
B-52	Tanvi Shirke	Tanvi
B-53	Atharva Sonone	Atharva
B-54	Abhishek Sontakke	Abhishek
B-55	Tejas Tarambale	Tejas
B-56	Aditi Thakur	Aditi
B-57	Sudhir Tiwari	Sudhir
B-58	Vidya Tripathi	
B-59	Malhar Udawant	Malhar
B-60	Tanay Valvi	
B-61	Kinjal Vyas	Kinjal
B-62	Disha Waghmare	Disha
B-63	Supriya Walunj	Supriya
B-64	Kiran Yadav	Kiran
B-65	Sanskriti Yadav	Sanskriti
B-66	Abhay Dubey	Abhay

Feedback Analysis

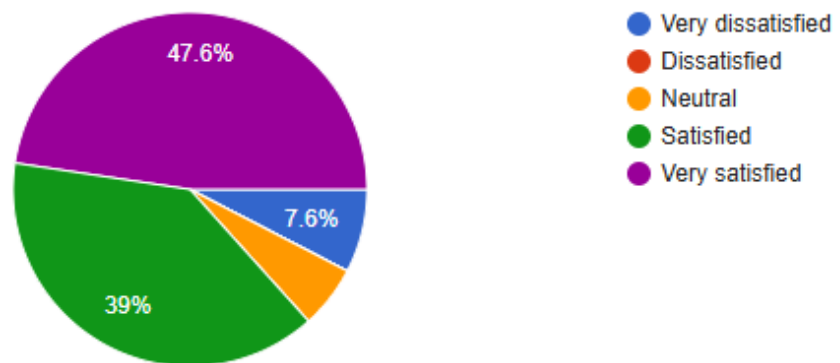
Division

105 responses



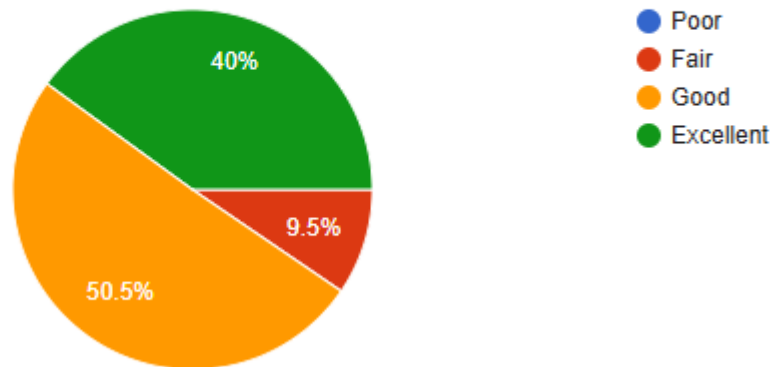
How satisfied are you with the overall outbound training program?

105 responses



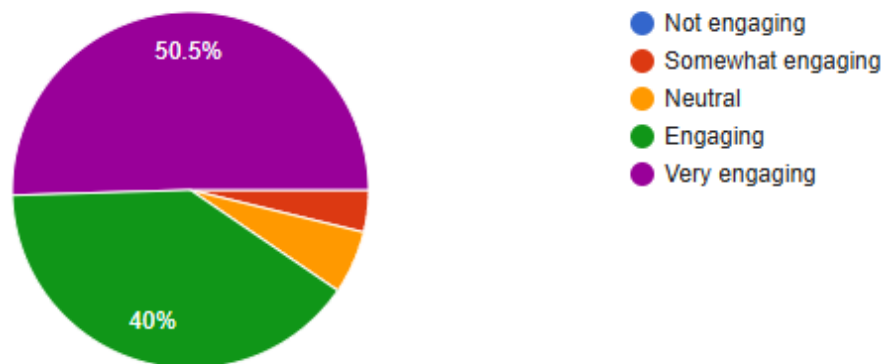
How would you rate the venue of the outbound training program?

105 responses



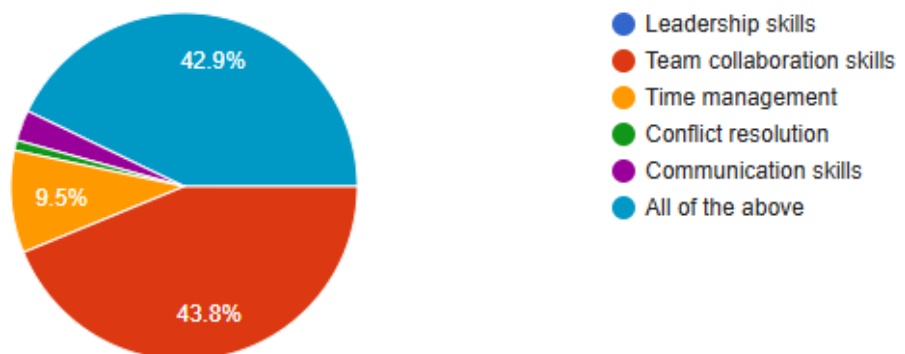
How engaging were the activities in the outbound training?

105 responses



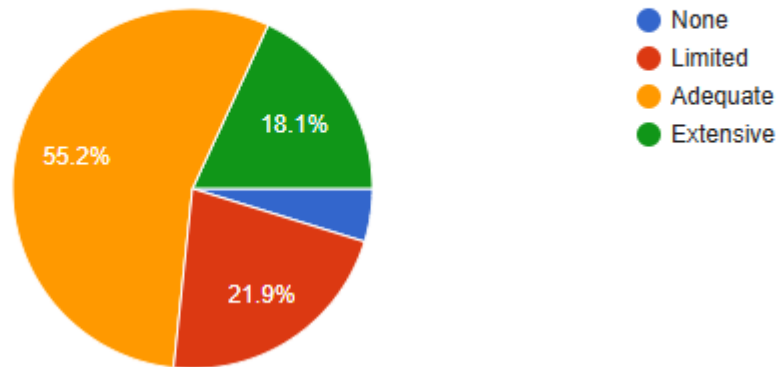
Which skills did you develop or improve during the outbound training?

105 responses



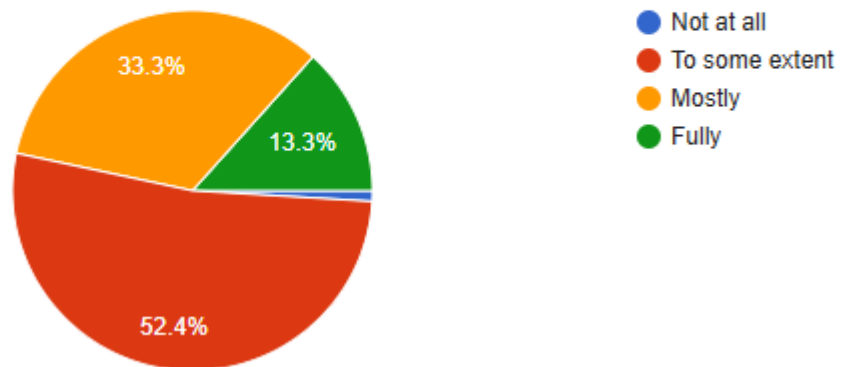
Were there opportunities to collaborate and network with peers?

105 responses



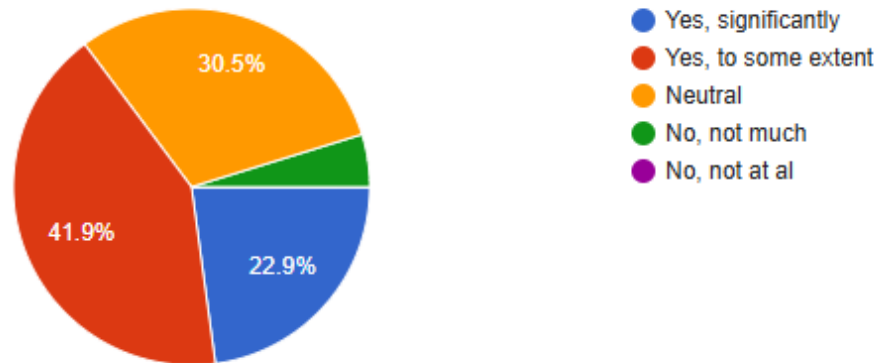
Were you able to relate the knowledge gained during the training to real-world applications?

105 responses



Did the training help you connect theoretical concepts with practical scenarios?

105 responses



EVENT REPORT PREPARED BY: Prof. Kajal Desai and Prof. Ketan Sutaria
Verified by: Dr. D. Henry Babu – Director - AIMS
Submitted to: Dr. D. Henry Babu – Director - AIMS